



dementia adventure®

Are you a family carer or supporting someone living with dementia?

Do you want to know more?

Your questions answered:

- » Understanding dementia—common symptoms
- » Continue to see the person—not the condition
- » Strategies to overcome communication barriers
- » Connect with your loved one using practical tips
- » Benefits of contact with nature and the outdoors
- » Network with local support organisations and other family carers
- » Ask individual questions
- » Take away our delegate pack

Location: Browns Field House, 25 Sherbourne Close, Cambridge, CB4 1RT

Date & time: 29th March 2017 - Two different times available:
2pm-5pm or 6.30pm-9.30pm

Cost: Free to unpaid carers.

Friendly, safe environment; only 25 spaces available; refreshments provided

To book your place:

Online: www.eventbrite.co.uk – Dementia Family Carers Seminar - Cambridge

Email: deborah@dementiaadventure.co.uk | **Phone:** 01245 237548

“Wonderful to spend the day with people who are so positive about dementia. I have been so inspired by the day. Thank you!”
