

## **Supporting the mental health and well-being of lesbian, gay, bisexual and trans (LGBT) young people.**

Free 2 hour training session

Course aims:

- To identify risk factors for LGBT young people
- To increase confidence in supporting LGBT young people
- To increase understanding of issues impacting the lives of LGBT young people

This course is aimed at GP's, health workers, school nurses, councillors, young people's workers, youth workers, parents, drugs and alcohol services and anyone who is likely to come into contact with young LGBT people.

The course will be delivered by local charity The Kite Trust who have over 24 years' experience of supporting LGBT young people in Cambridgeshire.

Pick from either:

- 1- Cambridge - 16<sup>th</sup> March 2017- 6-8pm – Cambridge Fire Station
- 2- Huntingdon - 20<sup>th</sup> March 2017- 6.15-8.15pm- Huntingdon Youth Centre
- 3- Ely - 22<sup>nd</sup> March 2017- 6-8pm- Centre E, Ely

Places are limited. Max 2 people per organisation.

To book a place email [office@thekitetrust.org.uk](mailto:office@thekitetrust.org.uk) with your name and preferred venue

[www.thekitetrust.org.uk](http://www.thekitetrust.org.uk)

