

A U B M G E T I N V O L V E D O N I C H A T N C  
 M A K E A D I F F E R E N C E P E M V J C U E O  
 F F B E I E V B A U R K F Y S K W M N K B O W R  
 F C O T I T I S F U N I G F C J A C J U N P S E  
 R A O P N P A X F F H O H S V W N E T W O R K I  
 S F S E O E S S F C G L J X Q C A O T Y I J R  
 C H T O I N C R E A S E C O N F I D E N C E L O  
 V J C P R P U H H E L P P E O P L E C G L C L R  
 N K V L T L O I A H E A P C O A S E R D A X S S  
 I U K E I M P R O V E H E A L T H A N D C A R E

**How many reasons can you find to volunteer with us?**

- Boost CV
- Meet people
- Increase confidence
- New skills
- It is fun
- Get involved
- Help people
- Make a difference
- Improve health and care
- Network



**Get in touch**

Freepost RTHA-RTYE-SATT  
 Healthwatch Cambridgeshire  
 6 Oak Drive  
 HUNTINGDON  
 PE29 7HN

Telephone: **01480 420628**  
[enquiries@healthwatchcambridgeshire.co.uk](mailto:enquiries@healthwatchcambridgeshire.co.uk)

[www.healthwatchcambridgeshire.co.uk](http://www.healthwatchcambridgeshire.co.uk)

 @HW\_CAMBS  
 Healthwatch Cambridgeshire

Registered Community Interest Company no. 08516179

**Volunteer with us**



**healthwatch**  
 Cambridgeshire

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## Who we are

We are an independent local organisation. Our job is to make sure local people have a say in important decisions about their health and social care services.

We find out about people's experiences with local health & social care services and share that information with the people who make decisions, pointing out the good and helping to improve care where it is needed.

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## What you could do



There are lots of different volunteering roles that you can choose from.

You could talk to local people about their experiences, help us with research or even be a Non-Executive Director. Tell us what you would like to do as a volunteer for Healthwatch.

Volunteering is flexible, so you can talk to us about how much time you want to give.

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## Who can volunteer





We welcome volunteers of all ages and backgrounds from across the county.

You need to complete a simple application process to become a volunteer. For some volunteer roles we need you to apply for a Disclosure & Barring Service (DBS) check. This is free for volunteers.

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## Why volunteer for us?

-  Meet new people and find out about their experiences.
-  Have fun volunteering while helping improve health & care services.
-  Build your confidence.
-  Gain new skills that boost your CV.



**We will give you training & support.**

**We will pay out of pocket expenses.**