

In 2015-16 Healthwatch Cambridgeshire:

Served
650,000+ local people
in Cambridgeshire.



Listened to hundreds of
people's opinions and
experiences
of health and care.



find information about
health and care services.

Shared nearly 100
opportunities to get
involved in service changes

Wrote reports and made suggestions for improvement
on **three important local issues.**



- My Own Mind report into children and young people's mental health.
- Our Health Matters, a project to help improve care for Gypsies, Romany and Travellers.
- First Steps to Health report into local GP, pharmacy and NHS 111 services.



through our Consultation
Network.

Visited **13 local care homes**
to find out how people
experience care, and help
improve services.



Won a national
Healthwatch award



for working with the Care
Quality Commission.

Challenged decision makers
when **care wasn't working**



e.g. collapse of the older
people's health care
and adult community
services contract.

Were supported by
23 volunteers



who helped us listen to
stories, visit services and
even run workshops.

Get involved with your local Healthwatch

We are your local health and care champion. We make sure you are listened to when important decisions are made about our health and care services.

Tell Healthwatch how care is working for you

We need to know where care is working well and where it needs to be better. We log what you tell us, and share it anonymously with the organisations who make decisions about our care. This helps them improve services where it is needed.

You can tell us about your own experiences, or those of someone important to you.

Call us, tell us online, or chat to us when we are at a local event.

#TellHealthwatch



Information Service

We can help you find out about:

- Health and social care services near to you.
- What to do if you have a concern or complaint.
- Organisations that can give you help or advice.



Why not

Volunteer

with Healthwatch Cambridgeshire

We need more Outreach volunteers to help us spread the word about Healthwatch.

Training given and out of pocket expenses paid.

Sign up for

Your Voice

in health and care

Our weekly update on opportunities to “have your say”, e.g:

- consultations
- surveys
- joining a decision making group

Sign up for

YouthConnect

Healthwatch Cambridgeshire

It's full of information to help you stay healthy and strong, and get involved in decisions that could affect you, e.g. young people's mental health.

Call us on **01480 420628** or email at
enquiries@healthwatchcambridgeshire.co.uk
www.healthwatchcambridgeshire.co.uk



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This is a summary of our annual report, published 30 June 2016. You can get a free copy from our website, or by contacting our office.

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healthwatch
Cambridgeshire