

## Carers Partnership Board

### Meeting held via Zoom Minutes 16.3.21

#### 1 Present

KC	Kadie Chapman	Independent Member- Chaired Meeting
DP	Dennis Pinshon	Independent Member
SdP	Stuart de Prochnow	Independent Member (on phone for premeeting)
JS	Joseph Simon	Independent Member
GL	Graham Lewis	Healthwatch Cambridgeshire and Peterborough
DD	Debbie Drew	Healthwatch Cambridgeshire and Peterborough
LG	Laura Green	CCC- Carers assessment team
GLd	Gillian Loveday	Making Space
GH	Graeme Hodgson	CCC (direct payment lead)
SM	Siobhan McBean	CCC Disability Social care 0-25
AM	Andy McGowan	Caring Together
ES	Emily Sibthorpe	Little Miracles
KL	Kelly Law	CCC Information team
HR	Harriet Rowe	Adults commissioning team
KB	Karen Berkley	Commissioning Officer
MH	Maddy Hill	Commissioner for Learning Disabilities
KR	Kate Rees	Centre 33
GC	Grace Clark	Service manager- Early Intervention Team

#### Apologies

Sue Honour, Ella McKensie, Annie Bamforth, Shaz Ferrell, Sarah Conboy, Jason Merrill

#### 1. Welcome, introduction, and apologies

Introductions were made and it was explained that the meeting would be recorded and used to support minute taking.

#### 2. Minutes of last meeting and Action Log

It was agreed to add some extra information from Caring Together.  
The Action Log has been completed all barring an invite to the DPSS services who will be invited to the May meeting.

Matters arising

Following KC problems relating to staff isolating etc Laura Green confirmed that the emergency duty team are available out of hours and they may have been able to help KC.

The number for this is 01733234724

Andy Confirmed that AB has been able to register a what if plan.

KC has received her new carers card.

### **3. Feedback from Independent Members**

KC and DD have been doing lateral flow testing at their homes for the care staff, themselves and the cared for. The training was quite arduous and not all relevant for home settings. It is quite a commitment to undertake but is working well. It helps the whole team feel safer even though we are aware that it's not 100% accurate.

**ACTION** GL to reshare the email details with JS.

KC alerted all that the Blue Badge scheme is about a 4 week wait so get renewals in as early as possible. A very easy process online.

SdP Raised the issue of the minor injuries' units being closed in Doddington and North Cambs and the difficulty this causes people when having to travel further afield. Also, SdP wondered about the knock-on effect for the A/E departments.

**ACTION** DD to ask Julie at HW if we have any further information about the MIUs.

### **4. Feedback from Adult social care forum and other meetings**

The Adult Social Care Forum took place in January- the minutes for each board are received by all but GL sends a highlight report. These are discussed at meeting.

GL has been meeting with the CCG STP group around the delivery of vaccines to those with learning disabilities or mental health issues. Looking at the barriers and what reasonable adjustments need to be in place.

The CCG are running a seminar and a few people with lived experience will be talking including Sean and Bill from the LD board and Natalie (Debbie's daughter)

LG Said there has been a big bit of work done to identify carers so they can get the vaccine. SM Said the same with parent carers reminding people to notify their GP that they are carers.

A discussion took place around some of the issues.

- Not being able to get vaccines together with cared for (including Flu vaccine this year).
- Carer and cared for receiving different vaccines so would not be able to go together for second vaccine.
- Not knowing when second vaccine will be.

- Inconsistencies between GPs.
- Carer and cared for not being linked on GP databases.
- Not being able to flag on the system that someone has extra needs and may need extra time.
- Waiting in long queues sometimes, with anxiety building.

### 5. Day Opportunities- Harriet Rowe

Harriet shared a presentation- this had been distributed before the meeting.

The presentation highlighted what had been happening during the pandemic and the plans to get day services reopened.

- Engagement with Providers to understand the current delivery across Cambridgeshire and Peterborough and their vision for services.
  - Learning from the pandemic response and how can positive changes be maintained.
- Adult Social Care operational input into the development of the vision for Day Services.
- Mapping the data we have which supports numbers of people accessing services, geographical spread and investment.

The council has some questions for the Partnership Boards.

- As the project develops how can we engage with the Partnership Boards to help develop the vision and future commissioning intentions for Day Services?
- How can we best reach service users and carers to help refine our thinking, co-produce the vision and ensure services are meeting their needs?
- What are your thoughts on Day Services and how these meet the needs of individuals? Any key areas we should explore further?

GH asked if people were still being charged for Day Services if they were not open? Some people are on direct payments or self-funding?

MH Day services have been asked whether they are still charging and to share this with the social worker. It might be possible for the day service to offer an alternate type of support. We are asking services to give us a weekly update of those attending.

AM It would be good to get views of what people want and who wants a service. Often it is not clear to people what is available maybe you could think how you could to encourage people to use these.

LG This is particularly relevant to those who are not accessing any form of social care but they still may need some sort of day care.

DP Son has not had any support for 12 months now and probably would not want a day care service but prefers to go for days out. (He only gets 4 hrs a week)

SM It would be useful to know what the day services had on offer. Maybe it would be useful to link in with the SEND strategy - preparing for adulthood. The Speakout Council also have done a consultation on what people want for the future.

DP Maybe it would be good to have a sub-group with people from other boards too just to discuss this in full.

GL A task and finish group could be arranged.

## **6. Update from All Age Carers**

AM Caring Together

Business as usual. Referrals are still coming in. We are running groups on Zoom.

Next month we start our carers counselling service in Cambridgeshire.

It is Carers Week in June- we have some things organised and welcome those who might want to get involved in this.

The local authority has put some short-term funding in to extend our listening support.

200 organisations have signed up for the carer friendly tick.

KR Young Carers

Business with us is as usual. We will be doing some face-to-face work in schools in the summer term. We are finding that students are all “Zoomed Fatigued”.

GL Making Space

Thank you to Andy and team. Our carers have been applying for the carers card and have found the turnaround, really quick.

We have encouraged our carers to register as such at the GP so they were able to get their vaccinations.

We are managing face to face meetings (where necessary) by meeting people in parks and going for a walk.

We have shared our newsletter.

Our online craft sessions have been popular, and we have 20 people lined up to do sock bunnies for Easter.

We have some free taster sessions of Nordik walking set up for the summer and have been looking at some outings focussing on peer support. As soon as we can book venues we will do.

## **7. Commissioner Update-Karen Berkley**

We are much the same as last meeting. We would like to say a big thank you to the carers organisations.

Peterborough City Council have been awarded Workforce Capacity Funding which will assist our contracted residential settings and domiciliary care with extra funding for their staffing during the current COVID pandemic.

## **8. Young Carers Action Day- Kate Rees**

Kate shared a presentation and a video. The video had been done in conjunction with a young carer who shared her story.

Young Carers Action Day (previously young carers awareness day) focus this year is “Protecting Young Carer’s Futures”. Activities run through the week (15<sup>th</sup> - 19<sup>th</sup>) and we are launching our Young Carers Advisory board. We have 23 carers aged from 8-18. Each day we will be featuring a different carer story.

## **9. Young Carers Survey Feedback- Andy McGowan**

The survey was compiled, shared and analysed by our young carers. 149 people responded to the survey.

67% of carers cared for parent or guardian and 49% cared for sibling (some had a dual role).

74% of young carers said their ability to cope had reduced during the pandemic with 71% saying it had had a negative impact on their mental health. 53% said they had had no respite from their caring role during lockdown.

#### **10. Requests to join board- Graham Lewis**

The board has received 2 requests:

Jodie Deards- patient experience lead- working on improving access to healthcare for carers.

AGREED

Wendy Dunn- Alzheimer's Society

AGREED

AM noted she is the lead for Cambridgeshire and that Siobhan Merrygold is the lead for Peterborough.

#### **11. Terms of Reference review (ToR)- Graham Lewis**

As agreed, the terms of reference are being looked at as it is now a year since the boards merged.

There was a question about the length of time people were on the board. The T of R suggest 3 years with an option to extend for another 3. It was noted many of the carers had been members for longer. GL said when the boards merged the length of stay was restarted.

The board felt:

- It needed to be clear that people can resign at any time.
- If you limit the time of stay the board may find itself in a position with no carers so this needs to be managed well.
- The pandemic has made things much more difficult (re recruiting new carers etc)
- With the board covering a wider area some carers may not want to travel across the county so this may limit numbers at each board anyway.

It was agreed that the T o R would remain the same for the next year.

#### **12. AOB**

GL reminded people that the census was on 21<sup>st</sup> March and that people could get paper copies to complete if needed.

#### **Next Meeting**

May 18<sup>th</sup> 1-3 on Zoom **Please note the time.**

**There will be a pre meet for carers on the 17<sup>th</sup> from 11-12 on Zoom** This is for carers to bring any issues forward that can be discussed at the board. This helps shorten the board meeting for everyone.