

Carers Partnership Board

2019

Orchard Park

Minutes 12.2.19

1 Present

SdP	Stuart de Prochnow	Independent Member
DD	Debbie Drew	Healthwatch
HE	Helen Eves	Centre 33
AC	Amber Crabb	Centre 33
SH	Sue Honour	Chair, Independent Member
JK	Jackie King	Pinpoint
GL	Graham Lewis	Healthwatch Cambridgeshire and Peterborough
PM	Pauline Mansfield	Making Space
EM	Ella McKenzie	Independent Member
BR	Brian Reynolds	Independent Member
MS	Michael Smith	Independent Member
SF	Sharon Ferrell	Independent Member
LM	Lee McManus	Commissioner, CCC
GM	Gabriella Mercuri	LGSS
JS	Joseph Simon	Independent Member
NH	Nicky Hornsby	Carers trust

Apologies

SM	Siobhan Macbean	SEND, Cambridgeshire County Council
KC	Kadie Chapman	Independent Member
SF	Sharon Ferrell	Independent Member
LG	Laura Green	Carers Trust Cambs, Peterborough and Norfolk
MH	Mark Howell	Cllr, Cambridgeshire County Council
KM	Kay Maybin	

2. Minutes of last meeting and Action Log

Minutes were agreed.

Action log

51. Being followed up by Helen Duncan

67. GL liaising with EM.

72. Anna Tuke was invited but GL has not had a response yet.

75. Helen Duncan will update board at April's meeting.

80. A review of the boards has been completed we are only able to say at the moment that the boards will be continuing and we will release a statement once we know more.

3. Independent member's feedback

SF - contacted the organisation that GL had sent an email about re respite cottage for carers. They were lovely and really helpful.

SDP- It appears the physio department at N Cambs hospital has closed. Not sure if it's a permanent closure or not.

SDP says he will be attending the Fenland Health and Social Forum on Thursday.

GL- explained that the forums are held in Peterborough monthly and Huntingdon and Fenland Bi monthly. Anyone can attend and various health and social care issues are discussed.

4. Feedback from other meetings.

GL- the Wheelchair Forum was held a couple of weeks ago. Although a new provider for the service has been agreed no announcement at the moment can be made due to legalities. Once we know we will let you know.

QU- can anyone attend.

GL -yes either a wheelchair user or their carer.

5. Gabriella Mercuri LGSS

LGSS is local government shared services. One of these is workforce development. Presently the work covered Cambridgeshire but as from March this will also include Peterborough.

Gabriella gave a presentation. GL to forward.

Recently LGSS has secured monies from Skills for Care to do training with adult carers and thus has organised some open events where there will be some taster sessions.

There are 182 workshops usually 2.5- 3 hrs being held in local areas around Cambridgeshire and a smaller amount in Peterborough. Courses can be booked on line or by phone. These courses are free for home carers.

Action - GM to send GL the details to forward to board members.

GL - Explained that one of the board members had been having trouble getting staff trained for her adult son. This was having financial implications as until the staff get epilepsy training they have to work along side another trained staff member.

DD- Asked whether for the main training there was going to be a charge for people who employ Pas with a direct payment. Previously these courses had been free and there are no monies in the care package to cover the course costs.

GM- was unsure of how the costs would be for carers and Pas. They are free for CCC staff and then set at different levels for different types of organisation

QU- Are they all in the daytime? We have some young carers that are not able to come out during the day due to being in education.

GM- Yes the ones organised are weekdays and in the day time however there may be a way to organise a training for a group of young carers.

QU- When is the open day and where?

GM- it is at the Holiday Inn Impington on 21st February 10-3 details will be on the info that will be forwarded.

BR- be careful with the parking there I managed to get a fine.

GM- Explained that you will need to log your car registration number at the reception.

QU- What carer or service user involvement is there in delivering training?

GM- Did not know this but could find out.

GL - explained about the boards and GM said she would be happy to attend further boards if it would be helpful.

6. Adult Social Care Forum

- Benefits were discussed as still many issues. Steve Cheetham from DWP has been invited to come to the Adult Social Care forum. It is thought he will be answering about PIP/DLA
- They have asked that questions be sent in advance. Need to be general not personal.
Action- all to send possible questions to Graham.

- Blue badge scheme was discussed. You can now get a blue badge if you have dementia.

QU- My son is 16 and about to go from DLA to PIP. They have said we need to respond to a letter they send within 28 days or the DLA will be stopped. What if we do not receive the letter?

JS- they also send a second letter after about 14 days if they have not heard from you so it should be OK

LM-Preventative services have been being reviewed. Some councils are cutting the services to just statutory ones, however CCC understand there is long term value in having some of these services in place.

7. Centre 33- Helen Eves and Amber Crabb

Centre 33 gave a report. They have received funding from the Co Op to do some research both locally and nationally.

They have used surveys, in depth interviews and Focus groups. 50 young adult carers have been involved and a report will be ready by the end of April.

Some of the impact on caring are isolation, financial issues, stress and not being able to find out about employment. Half of those surveyed said caring had some impact on their mental health.

In Scarborough a study was done with 600 young adults between the age of 16-35.

From this they found that people gained the most benefit from face to face interaction similar to what has been offered at Centre 33.

Centre 33 offers support to young adult carers up to the age of 25. Usually people are offered 6 sessions after an individual assessment plan completed.

93% of people rated their experience as good or very good and 22% said it was excellent.

Carers Trust

The Carers trust work with young adult carers giving support and advice around several areas including mental health and wellbeing, financial issues, further education, legal rights.

With some funding from Network for East Anglican Collaborative Outreach work has been done around raising aspirations, awareness raising, 1;1 work, activities and trips and a residential weekend, all for young adult carers.

A bursary fund has enabled some purchases to help with study ie a desk to work on and equipment needed to attend a particular course.

In Norfolk they have introduced Young Carers Tick Award in education places.

There will be a carer champion within staff roles

Have a family carer policy

Display information around caring
Have staff training and talks in assembly
Young person participation.

Carers trust also found that young people prefer face to face consultation with a named person. Using an app or website came very low in their scoring.

The Carer's trust are keen that the board keep in touch with the young carers and identify any issues that the board feel could be taken further.

GL - What could we do?

ANS- we may have some YAC that would be able to attend the board.

GL - We would welcome them if it was possible. Maybe we could visit some of the groups organised for young carers.

QU - One to one support seems to be more valued this must be more difficult in rural areas is there any way this could be done via Skype for example?

ANS- Yes I think we do need to give a bit more thought in how sessions are offered. We do try and see 3 or 4 people in the same school at the same time but school might not be the best place for some.

Research has shown that there is mixed responses about using IT etc and phone calls can often be difficult too as there are other people around.

Also young carers quite like getting out of their normal environment so meeting up helps them.

QU- is there a waiting list for counselling support?

ANS - Centre 33 yes there is for both in school and out of school.

AOB

GL- Reminded everyone about the Empowerment at the End of Life event as a board we have put on.

Action- GL to invite After Umbrage to a future board later in the year.

9th April - March Library

4th June - Dobbies Garden centre Huntingdon

30th July Orchard Park